



ABOUT YOUR HYGIENE APPOINTMENT

Calculus, or tartar, is a hard build-up that forms on your teeth between cleanings. This build-up can form heavy layers below the gums which cannot be seen. The rate at which it accumulates is dependent on several factors, such as how often your teeth are cleaned, or how effective you are at brushing and flossing. If your teeth have large amounts of calculus that have built up above or below the gums, additional treatments called **deep scaling** with subsequent visits may be necessary to remove the accumulations. If this is the case, your first visit is referred to as **initial debridement**, rather than a **routine prophylaxis** (cleaning.)

Your insurance usually covers all or a portion of a **routine prophylaxis** (cleaning.) This cleaning usually involves the removal of small amounts of stain, plaque, or calculus and the polishing of your teeth. Dental insurance coverage for the **other** types of dental cleaning such as the **initial debridement** or **deep scaling** can and will vary. We will estimate the insurance benefit for the treatment that is recommended for you as closely as possible.

At Konikoff Family Dentistry, it is our job as health professionals to treat your health first. It is in your interest that we provide you with the best quality dental care by making sure that your health needs are met.

Your signature below acknowledges that you have been made aware of these conditions. Any further information may be obtained from your dentist, hygienist, or insurance coordinator.

Your Signature

Date

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